**Enhanced recovery after surgery: What’s new in urology**

**Location:** Room 14c (ICM, Level 1)

**Chairs:** J.E. Hugosson, Göteborg (SE)  
F. Bagheri, Dubai (AE)  
D. Murphy, Melbourne (AU)

**Aims and objectives of this presentation**
This session focusses on strategies to speed up recovery after surgery and thus reduce the length of hospitalisation.

Poster viewing of 20 minutes. Presentations will take place on stage. Standard presentations are 2 minutes in length, followed by 2 minutes for discussion.

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**Exercise-based prehabilitation is feasible and effective in radical cystectomy pathways - secondary results from a randomized controlled trial**

By: Jensen B.T.¹, Laustsen S.², Jensen J.¹, Petersen A.K.³, Borre M.¹

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3 Aarhus University Hospital, Dept. of Physio- and Occupational Therapy, Aarhus, Denmark

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**Slow gait speed and rapid renal function decline are risk factors for postoperative delirium after urological surgery**

By: Hatakeyama S., Sato T., Okamoto T., Hosogoe S., Yamamoto H., Tobisawa Y., Yoneyama T., Yoneyama T., Koie T., Ohyama C.

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**Is cardiopulmonary exercise testing in patients undergoing radical cystectomy a useful preoperative tool?**

By: Khan R.¹, Elhage O.¹, Chidi A.¹, Ismail F.¹, Ahmed K.¹, Gan C.¹, Thomas K.², O'Brien T.², Thurairaja R.², Khan M.²

**Institutes:**  
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**Nutritional status and major abdominal surgeries: 30-Day postoperative complications**

By: Pavan N.¹, Mir C.², Ritch C.², Rai S.², Soodana-Prakash N.², Balase R.³, Trombetta C.¹, Parekh D.², Gonzalgo M.²

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3 University of Miami Leonard M. Miller School of Medicine, Dept. of Biostatistics and Public Health Sciences, Miami, Florida, United States of America

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**Renal arterial infusion of adipose tissue-derived stromal vascular fraction protects the renal function against acute kidney injury induced by ischemia-reperfusion injury**

By: Lee C.², Ahn T.Y.², Jang M.J.¹, Kim B.H.², You D.², Jeong I.G.², Kim C-S.²

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2 Asan Medical Center, University of Ulsan College of Medicine, Dept. of Urology, Seoul, South Korea

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**Impairment in activities of daily living after radical cystectomy among elderly aged over 80. Assessment based on 6778 cases**

By: Hirasawa Y.¹, Sugihara T.¹, Yasunaga H.², Gondo T.¹, Nakagami Y.¹, Horiguchi Y.¹, Ohno Y.¹
Namiki K.¹, Nakashima J.¹, Ohori M.¹, Matsui H.², Fushimi K.³, Tachibana M.¹, Homma Y.⁴

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Peri-incisional infiltration and intraperitoneal instillation of local anesthetic for management of early postoperative pain following laparoscopic nephrectomy: A prospective, randomized, double-blind controlled trial

By: Choi S.¹, Hong S-H.², Ha U-S.¹, Hong S-H.¹, Lee J.Y.¹, Kim S.W.¹, Cho H.J.¹

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Applying fast-track protocols in bladder cancer patients undergoing radical cystectomy with ileal urinary diversions - early results of a prospective randomised controlled single center study

By: Olaru V., Gingu C., Baston C., Manea I., Preda A., Voinea S., Stefan B., Dudu C., Sinescu I.

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The effectiveness of acupuncture for the relief perioperative pain and anxiety in patients undergoing endourologic interventions

By: Meyer G.¹, Halachmi S.¹, Attias S.², Stopelman N.², Avshalomov D.², Schiff E.², Nativ O.¹

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Correlation of preoperative co-morbidity indices with perioperative metrics in urological patients undergoing major open procedures

By: Sarri I.¹, Fragkiadis E.², Anastasiou I.², Constantinides C.², Mitropoulos D.²

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Effects of pipemidic acid, phenazopyridine HCl and sodium diclofenac on pain perception after endoscopic urology surgery: A prospective, randomized, double-blinded, placebo-controlled trial

By: Yuri P.¹, Ali Z.²

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09:56 - 10:03

Summary and context

J.E. Hugosson, Göteborg (SE)